

LUH AYU SUWANDEWI

Cook Helper



Profile

A Vocational high School Student Majoring in Culinary Arts with a Strong Interest in food preparation and Kitchen Operations. Detail-oriented, disciplined and ready to learn and work in a professional kitchen environment during an internship.



Experiences

2025

Munduk Moding Plantation Nature resort & spa

Cook Helper

Trained in Munduk Moding Plantation Nature Resort & Spa for 3 months as cook helper. Contributed in preparing food, plating, and Cooking.

2025

SMK N 1 Banjar

Culinary Students

Trained in H2B program at SMK N 1 Banjar for 3 months as culinary students learned about preparing dish, plating, and cooking.

2024-2025

SMK N 1 Banjar

Culinary Students

Practiced in Food and Beverage Product and Service in the school for 2 years had experiences in folding napkin, Cutting method, Sequence of Service, table set up, and cooking with professional tutor.



Contact

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Address

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Education

2024 - 2027

Culinary

SMK N 1 BANJAR

2021 - 2024

SMP N 2 BANJAR

Expertises

- Cooking and Plating
- Using utensil
- Making dessert
- Work quickly